

BY CHEF MUMTAZ KHAN











METHOD Oven

TIME 2 Hours 8-

SERVING DI 8-10 People

DIFFICULTY 4/5

INSTRUCTIONS

- 1. In a bowl, mix the water, yeast, sugar, and yogurt.
- 2. Add 1 cup of flour, oil, salt and continue to mix.
- 3. Add in the rest of the flour gradually to form a soft dough and leave to rise for 1 hour.
- 4. After an hour, dust flour onto a surface and place the dough on it.
- 5. Cut out even portions (as big as you prefer) and press flat or roll flat (1/4-inch thick).
- 6. Put a pan on the stove, temprature at high.
- 7. Place the naan onto the dry pan and let it bubble up.
- Only turn over once it's golden brown (about 2 minutes on each side).
- * Do not add any oil or butter to the naan whilst cooking.
- 8. Once both sides are golden brown, remove from the pan and baste both sides with the butter basting.

INGREDIENTS

Naan

- 34 cup warm water (not boiling)
- 1⁄2 cup plain yogurt
- 1 sachet instant yeast
- 21/2 cups flour
- 1½ tsp salt
- 1 tsp sugar
- 2 tsp vegetable oil

Basting

Melted butter/ghee

Hand full of chopped coriander

A few cloves of garlic (optional)



